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| 7:30am - Session 1:  **The Power of Recreation Therapy:**  **Identifying Our Value, Worth, and Influence through**  **the Lens of the School Setting (0.15)**  *Thea Kavanaugh, CTRS*  **Learning Outcomes –** *Upon completion of this session, participants will:*   * Identify at least 3 different practical methods and/or approaches of RT services in school-based settings * Identify 2 national trends of Recreation Therapy service delivery in the school system * Demonstrate an understanding of the importance of incorporating inclusive opportunities as part of RT service delivery * Identify 2 strategies on how to maintain professional and personal self-interest   9:15am - Session 2:  **Horse Power: Using Therapeutic Horseback Riding as**  **Part of a Multidisciplinary Approach (0.1)**  *Chelsea Harden, CTRS, PATH Intl. Instructor &*  *Jessica Voss, CTRS, PATH Intl. Instructor*  **Learning Outcomes –** *Upon completion of this session, participants will:*   * Identify 3 benefits of therapeutic riding for a minimum of 3 different populations. * Identify 3 advantages of incorporating the APIE process in a therapeutic riding program. * Describe how therapeutic riding applies to the Leisure Model. * Demonstrate an understanding of the role a recreation therapist can serve as part of a multidisciplinary team in a therapeutic riding program. * Identify at least 3 ways therapeutic riding can benefit the population(s) served at their agency. |  | 10:30am - Session 3:  **Increasing Attendance for Veterans Programs and the Importance of Creating Collective Impact (0.15)**  *Dr. Jasmine Townsend*  **Learning Outcomes –** *Upon completion of this session, participants will:*   * Identify 3 resources for developing military cultural competency * Be able to list 5 program factors desired by OMF * Be able to list 3 tools for increasing attendance and participant accountability * Be able to define and differentiate between isolated and collective impact * Be able to list the 5 conditions for collective success * Be able to identify at least 2 other organizations in their community and discuss strategies for effective collaboration between their programs.   1:00pm (Concurrent Sessions):  Session 4A:  **The Recreation Therapist in**  **Private Practice (0.15)**  *Natalie Conca, LRT/CTRS, ATRIC, Adv. PATH Intl. Instructor*  **Learning Outcomes –** *Upon completion of this session, participants will:*   * Identify 3 Pros and 3 Cons for a CTRS in Private Practice. * Identify at least 1 example of a current or past client/patient that would benefit from private practice Recreation Therapy vs. other Recreation Therapy settings. * Demonstrate understanding of Recreation Therapy progressions in the office, home, school, and community settings. |  | Session 4B:  **Utilizing Biofeedback**  **Interventions in Recreation**  **Therapy Settings (0.15)**  *Johanna Avilez, CTRS &*  *Jordan Gregory, MS/P, CTRS*  **Learning Outcomes –** *Upon completion of this session, participants will:*   * Identify 3 populations/ settings that have the potential to benefit from Biofeedback Training. * Demonstrate understanding of the 4 types of modalities used in Biofeedback and the biological responses to different stressors associated with them. * Identify 3 benefits of performing evidence-based Biofeedback interventions. * Identify 3 Recreation Therapy program strategies that could be incorporated with Biofeedback interventions.   2:45pm - Session 5:  **Think Outside the Box:**  **How to Use RT as a Springboard**  **For Creativity and Innovation (0.1)**  *Lisa Perez, M.A., CTRS*  **Learning Outcomes –** *Upon completion of this session, participants will:*   * Identify at least 3 creative and innovative strategies that will contribute to play, recreation, leisure, health, and well-being within specified populations. * Develop at least 3 creative and innovative program and implementation processes. * Upgrade at least 3 professional competencies in support of creative and innovative TR practices. |  | 4:00pm - Session 6:  **Expanding TR:**  **Implementing Your Expertise (0.1)**  *Mikala Edwards, MPA, CTRS*  **Learning Outcomes –** *Upon completion of this session, participants will:*   * Demonstrate an understanding of implementing leisure education utilizing the APIE process and wellness coaching strategies * Identify at least two patient centered care approaches to implement in daily TR service delivery * Provide an example of administrative structure needed to implement TR Services   5:15pm – Social:  Ruby Tuesday  4415 East Monroe Street  Phoenix, AZ 85034    A membership driven organization established to promote professional excellence in Therapeutic Recreation by:   * Increasing public awareness and understanding of the profession * Developing professional standards * Advocating for excellence in educational and clinical arenas * Enhancing the knowledge base of professionals through educational opportunities * Promoting research-based practice   *ASTRA supports the ATRA “Vision of Greatness,” through empowerment of the members by encouraging grassroots participation. The voice of each member is represented and valued, and becomes a vehicle for professional growth. Collectively our voices will advocate for the future standards of our profession.* |