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| 7:30am - Session 1:**The Power of Recreation Therapy:****Identifying Our Value, Worth, and Influence through****the Lens of the School Setting (0.15)***Thea Kavanaugh, CTRS***Learning Outcomes –** *Upon completion of this session, participants will:** Identify at least 3 different practical methods and/or approaches of RT services in school-based settings
* Identify 2 national trends of Recreation Therapy service delivery in the school system
* Demonstrate an understanding of the importance of incorporating inclusive opportunities as part of RT service delivery
* Identify 2 strategies on how to maintain professional and personal self-interest

9:15am - Session 2:**Horse Power: Using Therapeutic Horseback Riding as****Part of a Multidisciplinary Approach (0.1)***Chelsea Harden, CTRS, PATH Intl. Instructor &**Jessica Voss, CTRS, PATH Intl. Instructor***Learning Outcomes –** *Upon completion of this session, participants will:** Identify 3 benefits of therapeutic riding for a minimum of 3 different populations.
* Identify 3 advantages of incorporating the APIE process in a therapeutic riding program.
* Describe how therapeutic riding applies to the Leisure Model.
* Demonstrate an understanding of the role a recreation therapist can serve as part of a multidisciplinary team in a therapeutic riding program.
* Identify at least 3 ways therapeutic riding can benefit the population(s) served at their agency.
 |  | 10:30am - Session 3:**Increasing Attendance for Veterans Programs and the Importance of Creating Collective Impact (0.15)***Dr. Jasmine Townsend***Learning Outcomes –** *Upon completion of this session, participants will:** Identify 3 resources for developing military cultural competency
* Be able to list 5 program factors desired by OMF
* Be able to list 3 tools for increasing attendance and participant accountability
* Be able to define and differentiate between isolated and collective impact
* Be able to list the 5 conditions for collective success
* Be able to identify at least 2 other organizations in their community and discuss strategies for effective collaboration between their programs.

1:00pm (Concurrent Sessions):Session 4A:**The Recreation Therapist in****Private Practice (0.15)***Natalie Conca, LRT/CTRS, ATRIC, Adv. PATH Intl. Instructor***Learning Outcomes –** *Upon completion of this session, participants will:** Identify 3 Pros and 3 Cons for a CTRS in Private Practice.
* Identify at least 1 example of a current or past client/patient that would benefit from private practice Recreation Therapy vs. other Recreation Therapy settings.
* Demonstrate understanding of Recreation Therapy progressions in the office, home, school, and community settings.
 |  | Session 4B:**Utilizing Biofeedback****Interventions in Recreation****Therapy Settings (0.15)***Johanna Avilez, CTRS &**Jordan Gregory, MS/P, CTRS***Learning Outcomes –** *Upon completion of this session, participants will:** Identify 3 populations/ settings that have the potential to benefit from Biofeedback Training.
* Demonstrate understanding of the 4 types of modalities used in Biofeedback and the biological responses to different stressors associated with them.
* Identify 3 benefits of performing evidence-based Biofeedback interventions.
* Identify 3 Recreation Therapy program strategies that could be incorporated with Biofeedback interventions.

2:45pm - Session 5:**Think Outside the Box:****How to Use RT as a Springboard****For Creativity and Innovation (0.1)***Lisa Perez, M.A., CTRS***Learning Outcomes –** *Upon completion of this session, participants will:** Identify at least 3 creative and innovative strategies that will contribute to play, recreation, leisure, health, and well-being within specified populations.
* Develop at least 3 creative and innovative program and implementation processes.
* Upgrade at least 3 professional competencies in support of creative and innovative TR practices.
 |  | 4:00pm - Session 6:**Expanding TR:****Implementing Your Expertise (0.1)***Mikala Edwards, MPA, CTRS***Learning Outcomes –** *Upon completion of this session, participants will:** Demonstrate an understanding of implementing leisure education utilizing the APIE process and wellness coaching strategies
* Identify at least two patient centered care approaches to implement in daily TR service delivery
* Provide an example of administrative structure needed to implement TR Services

5:15pm – Social:Ruby Tuesday4415 East Monroe StreetPhoenix, AZ 85034A membership driven organization established to promote professional excellence in Therapeutic Recreation by:* Increasing public awareness and understanding of the profession
* Developing professional standards
* Advocating for excellence in educational and clinical arenas
* Enhancing the knowledge base of professionals through educational opportunities
* Promoting research-based practice

*ASTRA supports the ATRA “Vision of Greatness,” through empowerment of the members by encouraging grassroots participation. The voice of each member is represented and valued, and becomes a vehicle for professional growth. Collectively our voices will advocate for the future standards of our profession.* |