### Therapeutic Recreation Education

# Exploring the Future

While Embracing Our Strengths and Aspirations



## Our Practice

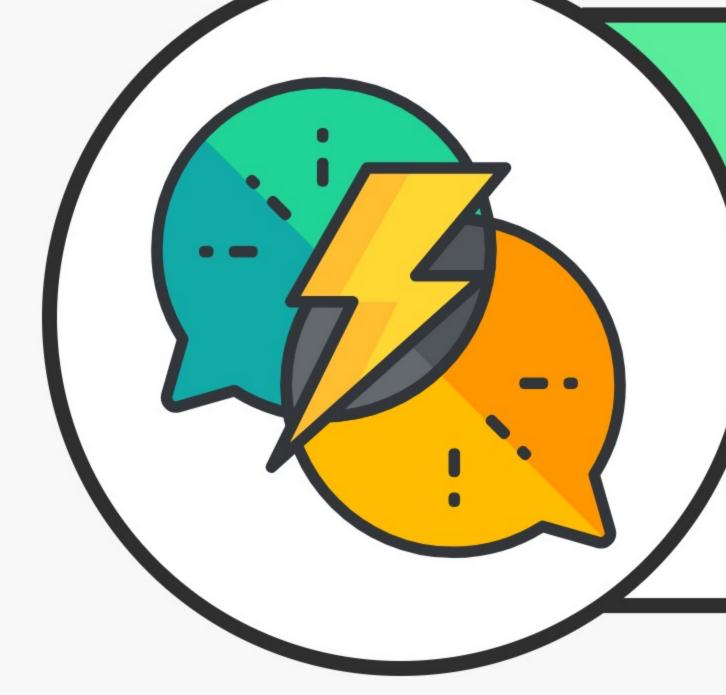
Recreational therapy, also known as therapeutic recreation, is a systematic process that utilizes recreation and other activity-based interventions to address the assessed needs of individuals with illnesses and/or disabling conditions, as a means to psychological and physical health, recovery and well-being.





## Task Force Charge

The ATRA Higher Education Committee formed a task force to examine education requirements for entry-level recreational therapy practice and make recommendations to the ATRA Board of Directors. This charge is based on a commitment to quality recreational therapy services in the context of traditional and emerging settings with a wide array of individuals who have increasingly complex needs.



## What We Will Do

Engage stakeholders in a systematic study of the status of professional preparation to identify relevant & necessary delivery models for entrylevel competencies and preparation levels for recreational therapy practice

#### Key Stakeholders:

- Practitioners and intern supervisors
- Managers
- Students
- Educators/researchers
- Accrediting & credentialing bodies

  Figure 1 at the professions
- Expertise in/out of the profession

#### Methods to Gather Input:

- Focus groups at Annual Conference
- Regional conference focus groups
- Online surveys of CTRSs and students
- Extensive literature & document review
  Interviews with accrediting leadership
- Interviews with credentialing leadership

#### Contact us:

Website: www.atra-online.com/highered/ Email: ATRAHigherEd@gmail.com



#### Get Involved

- Participate in a focus group
- Complete the online survey
- Read/respond to communication
- Assist with parts of our study
- Encourage others to participate