

Therapeutic Recreation Education

Exploring the Future

While Embracing Our Strengths and Aspirations

Our Practice

Recreational therapy, also known as therapeutic recreation, is a systematic process that utilizes recreation and other activity-based interventions to address the assessed needs of individuals with illnesses and/or disabling conditions, as a means to psychological and physical health, recovery and well-being.



Task Force Charge

The ATRA Higher Education Committee formed a task force to examine education requirements for entry-level recreational therapy practice and make recommendations to the ATRA Board of Directors. This charge is based on a commitment to quality recreational therapy services in the context of traditional and emerging settings with a wide array of individuals who have increasingly complex needs.

What We Will Do

Engage stakeholders in a systematic study of the status of professional preparation to identify relevant & necessary delivery models for entry-level competencies and preparation levels for recreational therapy practice

Key Stakeholders:

- Practitioners and intern supervisors
- Managers
- Students
- Educators/researchers
- Accrediting & credentialing bodies
- Expertise in/out of the profession

Methods to Gather Input:

- Focus groups at Annual Conference
- Regional conference focus groups
- Online surveys of CTRs and students
- Extensive literature & document review
- Interviews with accrediting leadership
- Interviews with credentialing leadership

Get Involved

- Participate in a focus group
- Complete the online survey
- Read/respond to communication
- Assist with parts of our study
- Encourage others to participate

Contact us:

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